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WHAT IS CLAIMED IS:

 A high-frequency superposition module for an optical pickup that superposes a high-frequency current on a direct current of a laser diode for the optical pickup, said
 module comprising:

an oscillating circuit for feeding said high frequency to said laser diode, which includes at least an active element and passive elements; and

a power supply for feeding said direct current to the laser diode which is also used as a power supply for said oscillating circuit

- 2. A high-frequency superposition module as claimed in claim 1 further comprising an impedance matching circuit being provided between the oscillating circuit and the laser diode.
 - An optical pickup comprising:
 - a laser diode; and
- a high-frequency superposition module that superposes a

 20 high-frequency current on a direct current of a laser diode,
 said module including:
 - an oscillating circuit for feeding said high frequency to said laser diode, which includes at least an active element and passive elements; and
- 25 a power supply for feeding said direct current to

the laser diode which is also used as a power supply for said oscillating circuit,

wherein said laser diode is driven by said high-frequency superposition $\ensuremath{\mathtt{module}}$